



**Centre of Excellence**  
AUTISM SPECTRUM DISORDER

# Hosts a webinar with: **Amy Laurent**

## Addressing Emotional Regulation in Children and Adolescents with Autism Spectrum Disorder

**Emotional Regulation, the maintenance of emotional states and energy is a significant challenge for many individuals on the spectrum. Difficulties staying well regulated can impact relationships, learning, daily activities and fun! The course will begin with a brief review of the core developmental challenges faced by autistic individuals at various stages in development (i.e., pre-verbal stages, emerging language stages, and conversational stages). This introduction of regulatory challenges and social communicative difficulties will then be followed by a discussion of the interplay between these areas and their impact on an individual's social communicative competence. This relationship will be addressed from both a developmental standpoint, as well as a situational one. This talk will explore the numerous factors that impact an individual's ability to be organized and engaged with others. Practical guidelines for prioritizing the support of emotional regulation for autistic individuals across a wide developmental range will be discussed. Emphasis will be placed on supports that can be used proactively and reactively.**

Amy Laurent, Ph.D., OTR/L is a developmental psychologist and a registered pediatric occupational therapist. Currently in private practice, Amy specializes in the education of children with autism spectrum disorder (ASD) and related developmental disabilities.

# CLICK HERE TO REGISTER NOW



Date: April 26, 2021

Time: 9:00-16:00

Cost: \$45.00

Intended Audience:  
Professionals, teachers,  
educators, families &  
individuals with ASD

To watch Amy  
Laurent's TED  
Talk click here:

